



## THRUM MITTENS

Intermediate

Exceptional warmth and  
softness: alpaca mittens  
where every thrum  
becomes a cushion of  
natural comfort.

[www.fermerecreativecaza.com](http://www.fermerecreativecaza.com)



### Did you know?

Originating in England and later popularized in Newfoundland, thrum mittens contain small pieces of wool roving that gradually felt inside, creating a natural, windproof lining with exceptional warmth.



## Materials



- 4 mm circular needles and 40 cm cable for magic loop  
or
- 4 mm mini circulars (10")
- 2 Skeins 3-ply Lopi Alpaca/Wool/Nylon yarn 100g - 90m – Ferme Récréative Caza et Alpagas
- 90 g 100% alpaca fiber batt – Ferme Récréative Caza et Alpagas



## Gauge

18 stitches x 28 rows = 4" x 4" (10 cm x 10 cm) in stockinette stitch with 4 mm needles (or size needed to obtain gauge).



## Size

- Women: first number
- Men: number in parentheses

12	11	10	9	8	7	6	5	4	3	2	1	12
11												11
10												10
9												9
8												8
7												7
6												6
5												5
4												4
3												3
2												2
1												1

■ **Maille lardée /Trummed stitch**

## Abbreviations

- K – Knit stitch
- P – Purl stitch
- PM – Place marker
- SM – Slip marker
- BOR – Beginning of round marker
- M1 – Make 1 increase
- SSK – Slip, slip, knit
- K2tog – Knit 2 stitches together

### Tip

Thrumped stitches always follow the same sequence:

- K2, thrum
- Thrumb, K2
- K1, thrum, K1

👉 Between each thrumped row, knit 3 plain rounds.

This makes it easy to adjust the mitten or thumb length:

just add or remove complete repeats (1 thrumped round + 3 knit rounds) while keeping the sequence.

## Making a Thrum

Pull (do not cut) approx. 3" (7.5 cm) of roving and split lengthwise to create two thrums. Fold in half and gently roll between fingers until it twists back on itself (like a mini-skein). It may be helpful to prepare all thrums before you start knitting.

### To place a thrum:

- Insert the needle below the stitch to be worked.
- Catch the center of the folded thrum and place it on the right-hand needle.
- Knit the next stitch.
- Pass the thrum over the knit stitch (as if binding off).
- Pull the ends of the thrum to the inside of the mitten to secure.

👉 Here is a video that demonstrates exactly the method I use to prepare and insert the thrums.

<https://www.youtube.com/watch?v=mciKcKICx8U>

## Instructions

### Cast-On

With 4 mm needles, cast on 36 (40) stitches.

Join to work in the round, being careful not to twist.

Place a marker for BOR.

### Cuff

Work in 2x2 rib (K2, P2) until cuff measures 9 cm (3.5") (approx. 22 rounds).

Next round:

K6, M1; repeat to end → 42 (48) sts.

### Hand

**Rounds 1-3:** Knit all sts.

**Round 4:** (K2, thrum); repeat to end.

**Rounds 5-7:** Knit all sts.

**Round 8:** (Thrum, K2); repeat to end.

**Round 9:** Knit all sts.

## Main (suite)

### Round 10:

- **Right mitten:** K1, place 11 (13) sts on waste yarn for thumb, CO 11 (13) sts, knit to end.
- **Left mitten:** K30 (34), place 11 (13) sts on waste yarn for thumb, CO 11 (13) sts, K1.
- **Round 11:** Knit all sts.
- **Round 12:** (K1, thrum, K1); repeat to end.

👉 Repeat rounds 1–12 two more times, replacing round 10 with plain knit.

👉 Men's size: work one extra full repeat (rounds 1–12, with round 10 plain knit) to lengthen hand.

**Round 37:** K21 (24), PM, knit to end.

## Mitten Shaping

### Round 1:

- K1, SSK
- Knit to 3 sts before marker
- K1, K2tog, K1
- SM, K1, SSK
- Knit to 3 sts before BOR
- K2tog, K1

**Round 2:** Knit all sts.

**Round 3:** Thrummed sequence + decreases

- **1st rep:** K2, thrum
- **2nd rep:** Thrum, K2
- **3rd rep:** K1, thrum, K1
- while working decreases as in Round 1.

**Round 4:** Knit all sts.

👉 Repeat rounds 1–4 two more times.

You should have 18 (24) sts remaining.

**Rounds 13–14:** (K2tog); repeat to end.

Cut yarn, thread through remaining sts, pull tight, and weave in ends.

## Thumb

**Round 1:** Place the 11 (13) held sts back on needles.

Pick up and knit 13 (15) sts in the gap → 24 (28) sts total.

**Round 2:** Knit all sts.

**Round 3:** (K6 (7), K2tog); repeat 3 times → 21 (24) sts.

**Round 4: Thrummed sequence**

- K2, thrum
- Thrum, K2
- K1, thrum, K1
- knit all other sts.

**Rounds 5–7:** Knit all sts.

👉 Repeat rounds 4–7 two more times.

👉 Men's size: work 1 extra repeat

- Thrummed sequence: K2, thrum
- Then continue with the instructions.

**Round 16:** K2, thrum (thrum, K2); repeat to end.

**Round 17:** Knit all sts.

**Round 18:** (K1, K2tog); repeat to end → 14 (16) sts.

**Round 19:** (K2tog); repeat to end → 7 (8) sts.

Cut yarn, thread through remaining sts, pull tight, and weave in ends.

Work the second mitten the same way, placing the thumb on the opposite side.