



THRUM MITTENS

Intermediate

Exceptional warmth and
softness: alpaca mittens
where every thrum
becomes a cushion of
natural comfort.

www.fermerecreativecaza.com



Inside



Did you know?

Originating in England and later popularized in Newfoundland, thrum mittens contain small pieces of wool roving that gradually felt inside, creating a natural, windproof lining with exceptional warmth.



Materials

- 4 mm circular needles and 40 cm cable for magic loop
or
- 4 mm mini circulars (10")
- 2 Skeins 3-ply Lopi Alpaca/Wool/Nylon yarn 100g - 90m – Ferme Récréative Caza et Alpapas
- 90 g 100% alpaca fiber batt– Ferme Récréative Caza et Alpapas



Gauge



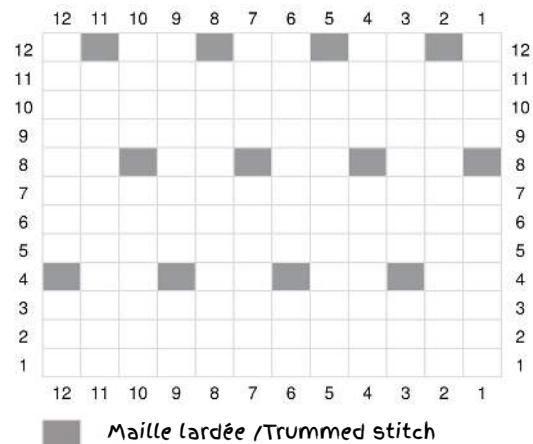
18 stitches x 28 rows = 4" x 4" (10 cm x 10 cm) in stockinette stitch with 4 mm needles (or size needed to obtain gauge).

Size

- Women: first number
- Men: number in parentheses

Abbreviations

- K – Knit stitch
- P – Purl stitch
- PM – Place marker
- SM – Slip marker
- BOR – Beginning of round marker
- M1 – Make 1 increase
- SSK – Slip, slip, knit
- K2tog – Knit 2 stitches together



Tip

Thrummed stitches always follow the same sequence:

- K2, thrum
- Thrum, K2
- K1, thrum, K1

👉 Between each thrummed row, knit 3 plain rounds.

This makes it easy to adjust the mitten or thumb length:

just add or remove complete repeats (1 thrummed round + 3 knit rounds) while keeping the sequence.

Making a Thrum

Pull (do not cut) approx. 3" (7.5 cm) of roving and split lengthwise to create two thrums. Fold in half and gently roll between fingers until it twists back on itself (like a mini-skein). It may be helpful to prepare all thrums before you start knitting.

To place a thrum:

- Insert the needle below the stitch to be worked.
- Catch the center of the folded thrum and place it on the right-hand needle.
- Knit the next stitch.
- Pass the thrum over the knit stitch (as if binding off).
- Pull the ends of the thrum to the inside of the mitten to secure.

👉 Here is a video that demonstrates exactly the method I use to prepare and insert the thrums.

<https://www.youtube.com/watch?v=mciKcKICx8U>

Instructions

Cast-On

With 4 mm needles, cast on 36 (40) stitches.

Join to work in the round, being careful not to twist.

Place a marker for BOR.

Cuff

Work in 2x2 rib (K2, P2) until cuff measures 9 cm (3.5") (approx. 22 rounds).

Next round:

K6, M1; repeat to end → 42 (48) sts.

Hand

Rounds 1-3: Knit all sts.

Round 4: (K2, thrum); repeat to end.

Rounds 5-7: Knit all sts.

Round 8: (Thrum, K2); repeat to end.

Round 9: Knit all sts.

Main (suite)

Round 10:

- **Right mitten:** K1, place 11 (13) sts on waste yarn for thumb, CO 11 (13) sts, knit to end.
- **Left mitten:** K30 (34), place 11 (13) sts on waste yarn for thumb, CO 11 (13) sts, K1.
- **Round 11:** Knit all sts.
- **Round 12:** (K1, thrum, K1); repeat to end.

👉 Repeat rounds 1–12 two more times, replacing round 10 with plain knit.

👉 **Men's size:** work one extra full repeat (rounds 1–12, with round 10 plain knit) to lengthen hand.

Round 37: K21 (24), PM, knit to end.

Mitten Shaping

Round 1:

- K1, SSK
- Knit to 3 sts before marker
- K1, K2tog, K1
- SM, K1, SSK
- Knit to 3 sts before BOR
- K2tog, K1

Round 2: Knit all sts.

Round 3: Thrummed sequence + decreases

- **1st rep:** K2, thrum
- **2nd rep:** Thrum, K2
- **3rd rep:** K1, thrum, K1
- while working decreases as in Round 1.

Round 4: Knit all sts.

👉 Repeat rounds 1–4 two more times.

You should have 18 (24) sts remaining.

Rounds 13–14: (K2tog); repeat to end.

Cut yarn, thread through remaining sts, pull tight, and weave in ends.

Thumb

Round 1: Place the 11 (13) held sts back on needles.

Pick up and knit 13 (15) sts in the gap → 24 (28) sts total.

Round 2: Knit all sts.

Round 3: (K6 (7), K2tog); repeat 3 times → 21 (24) sts.

Round 4: Thrummed sequence

- K2, thrum
- Thrum, K2
- K1, thrum, K1
- knit all other sts.

Rounds 5–7: Knit all sts.

👉 **Repeat rounds 4–7 two more times.**

👉 **Men's size:** work 1 extra repeat

- Thrummed sequence: K2, thrum
- Then continue with the instructions.

Round 16: K2, thrum (thrum, K2); repeat to end.

Round 17: Knit all sts.

Round 18: (K1, K2tog); repeat to end → 14 (16) sts.

Round 19: (K2tog); repeat to end → 7 (8) sts.

Cut yarn, thread through remaining sts, pull tight, and weave in ends.

Work the second mitten the same way, placing the thumb on the opposite side.